

ALLERGEN INFORMATION

Bakers Square has made every effort to ensure that the allergen information provided is accurate. However, because of the handcrafted nature of our menu items, the variety of procedures used in our kitchens and our reliance on our suppliers, we can make no guarantees of its accuracy and disclaim liability for use of this information. If you have any questions about this information, please ask to speak with a manager.

• Contains allergen

X Cross contact of the eight major allergens and/or gluten occurs in restaurant

Report Generated: Monday, January 7, 2013

Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean	Corn	Seeds	MSG	Sulfites	Nitrates	Yeast	Alcohol	Artificial Coloring	Onion	Garlic
4 Square Breakfast																			
Potato Pancakes	X	X	•	soy lecithin, soybean oil	•		coconut	X		•	sunflower oil		•		•		•	•	•
Dinner Bread Choice: Corn Bread	wheat		•		•					•									
Dinner Bread Choice: Croissant	wheat, barley		•	soy protein	•					•					•				
Fruit Cup/Bowl																			
Ham Steak	X	X	X	soy lecithin	X		X	X							•				
Granola	oats, wheat, barley		•				almond			•									
Oatmeal with Milk, Brown Sugar & Raisins	oats		•																
Buttermilk Pancakes	wheat		•	soy lecithin	•		X	X		•								•	
Cinnamon Apples			•							•									
Dinner Bread Choice: Biscuit	wheat		•	soybean oil, soy lecithin															
Yogurt			•							•									
Toast, Rye Bread	rye, wheat, barley		•	soybean oil, soy lecithin						•	caraway				•			•	
Country Fried Steak	wheat, barley		•	soybean oil, soy lecithin, soy protein	•		coconut	X	X	•		•		•	•		•	•	•
Applesauce										•									
Dinner Bread Choice: English Muffin	wheat, barley		•	soybean oil, soy lecithin						•					•				
Cottage Cheese			•																
Dinner Bread Choice: Jelly Choices										•									
Raisin Bran Muffin	wheat		•	soybean oil	•														•
Cinnamon Roll French Toast	wheat, barley		•	soy lecithin, soybean oil	•		X	X		•					•			•	
Omelette, Egg & Cheddar Cheese	X	X	•	soy lecithin	•		X	X											
French Toast	wheat, barley		•	soybean oil, soy lecithin	•		X	X		•					•			•	
Banana Nut Muffin	wheat		•	soybean oil	•		walnut												
Sausage Patty																			
Substitute: Turkey Sausage	X	X	X	soy lecithin	X		X	X		•									
Sandwich Bread Choice: Pita	wheat, barley		•	soybean oil											•				
CYO Omelette: Add-On Bacon														•					
CYO Omelette: Add-On Sausage Links																			

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4 Square Breakfast continued																			
Hash Browns	X	X	X	soy lecithin	X		X	X											
Toast, Wheat Bread	wheat, barley	•	•	soybean oil, soy lecithin						•					•		•		
Dinner Bread Choice: Cinnamon Roll	wheat, barley	•	•	soybean oil	•					•					•		•		
Toast, Oat Bran	oats, wheat, barley	•	•	soybean oil, soy lecithin						•					•		•		
Eggs, Scrambled, Plain	X	X	X	soy lecithin	•		X	X											
Belgian Waffle	wheat, barley	•	•	soy lecithin, soybean oil	•					•							•		
Yogurt with Fruit & Granola	oats, wheat, barley	•	•				almond			•									
Egg Whites, Scrambled	X	X	X	soy lecithin	•		X	X											
Omelette, Egg White with Part-Skim Mozzarella	X	X	•	soy lecithin	•		X	X		•									
Crepe, Strawberry	wheat	•	•	soy lecithin	•		X	X		•								•	
Biscuits & Gravy	wheat, barley	•	•	soybean oil, soy lecithin, soy protein			coconut			•		•		•			•		
Dinner Bread Choice: Caramel Pecan Roll	wheat, barley	•	•	soybean oil	•		pecan			•					•		•		
Omelette, Low-Chol Egg Sub with Part Skim Mozzarella	X	X	•	soy lecithin	•		X	X		•									
Seasoned Country Brown Potatoes	X	X	X	soybean oil	X			X	X	•	sunflower oil				•			•	•
Blueberry Muffin	wheat, barley	•	•	soybean oil	•					•									
Toast, White Sourdough	wheat, barley	•	•	soybean oil, soy lecithin						•					•				
Appetizers																			
3 Crusher Sliders	wheat, barley	•	•	soy lecithin, soybean oil	•		X	Anchovy							•		•	•	•
Bacon & Cheese Quesadilla	wheat, barley	•	•	soy lecithin, soybean oil	X		X	X	X	•				•	•		•	•	•
Cheese Dippers	wheat	•	•	soybean oil	X			X	X	•					•		•	•	•
Bakers Sampler Appetizer	wheat	•	•	soybean oil	•		X	X	X	•	mustard				•	•	•	•	•
Chicken Fajita Quesadilla	wheat, barley	•	•	soy lecithin, soy protein, soybean oil	X		X	X	X	•					•		•	•	•
Chicken Tenders Appetizer	wheat	•	•	soybean oil	•			X	X	•	mustard				•	•	•	•	•
Breakfast																			
French Toast	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•					•		•		
Ham Steak & Eggs	X	X	X	soybean oil, soy lecithin	•		X	X		•	sunflower oil			•					
Country Fried Steak & Eggs	wheat, barley	•	•	soybean oil, soy lecithin, soy protein	•		coconut	X	X	•		•		•	•		•		•
Biscuits & Gravy	wheat, barley	•	•	soybean oil, soy lecithin, soy protein			coconut			•		•		•			•		
Quiche Lorraine	wheat	•	•	soy lecithin, soybean oil	•									•				•	

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Breakfast continued																			
Country Sausage Potato Pancake Benedict	wheat, barley	•	•	soy lecithin, soybean oil, soy protein	•		coconut	X			sunflower oil	•	•	•	•		•	•	•
Buttermilk Pancakes	wheat	•	•	soy lecithin	•		X	X										•	
Belgian Waffle	wheat, barley	•	•	soy lecithin, soybean oil	•													•	
Veggie Egg White Omelette	X	X	•	soybean oil, soy lecithin	•		X	X			sunflower oil								•
Monte Cristo	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X							•	•		•	
Farmers Market Potato Pancake Benedict	wheat	•	•	soy lecithin, soybean oil, soy protein	•		coconut	X			sunflower oil		•		•			•	•
Cinnamon Roll French Toast Griddle Combo	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X										•	
Bakers Omelette	X	X	•	soybean oil, soy lecithin	•		X	X			sunflower oil				•				•
Breakfast Classic																			
Classic Breakfast: Eggs + Sausage Links	X	X	X	soybean oil, soy lecithin	•		X	X			sunflower oil								
Rise & Shine Ultimate Breakfast with Country-Fried Steak	wheat, barley	•	•	soybean oil, soy lecithin, soy protein	•		coconut	X	X		sunflower oil	•		•	•			•	•
Rise & Shine Breakfast	X	X	X	soybean oil, soy lecithin	•		X	X			sunflower oil								
Substitute: Turkey Sausage	X	X	X	soy lecithin	X		X	X											
French Toast Combo	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X							•	•		•	
Classic Breakfast: Eggs + Sausage Patties	X	X	X	soybean oil, soy lecithin	•		X	X			sunflower oil								
Rise & Shine Ultimate Breakfast	X	X	X	soybean oil, soy lecithin	•		X	X			sunflower oil				•				
Buttermilk Pancake Combo	wheat	•	•	soy lecithin	•		X	X							•			•	
Eggs Benedict	wheat, barley	•	•	soybean oil, soy lecithin	•		coconut	X			sunflower oil				•	•		•	•
Classic Breakfast: Eggs + Bacon	X	X	X	soybean oil, soy lecithin	•		X	X			sunflower oil				•				
Classic Breakfast Croissant Sandwich	wheat, barley	•	•	soy protein, soybean oil, soy lecithin	•		X	X			sunflower oil				•	•			
Belgian Waffle Combo	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X							•			•	
Breakfast Crepes																			
Veggie Crepes	wheat	•	•	soybean oil, soy lecithin	•		coconut	X			sunflower oil				•			•	•
Strawberry Crepes with Sausage Patty	wheat	•	•	soybean oil, soy lecithin	•		X	X			sunflower oil							•	
Crepes Lorraine	wheat	•	•	soybean oil, soy lecithin	•		coconut	X			sunflower oil				•	•		•	•
Strawberry Crepes	wheat	•	•	soybean oil, soy lecithin	•		X	X			sunflower oil				•			•	
California Crepes	wheat	•	•	soy lecithin, soybean oil	•		coconut	X							•			•	•

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Breakfast Crepes continued																			
Strawberry Crepes with Sausage Links	wheat	•	•	soybean oil, soy lecithin	•		X	X		•	sunflower oil						•		
Strawberry Crepes with Bacon	wheat	•	•	soybean oil, soy lecithin	•		X	X		•	sunflower oil			•			•		
Breakfast Cyo																			
CYO Omelette	X	X	•	soybean oil, soy lecithin	•		X	X		•	sunflower oil								
CYO Omelette: Add-On Bacon														•					
CYO Omelette: Add-On Pepper Jack Cheese			•	soy lecithin															
CYO Omelette: Add-On Sausage Links																			
CYO Omelette: Add-On Yellow Onion																		•	
CYO Omelette: Add-On Tomato																			
CYO Omelette - Add-on Feta Cheese			•																
CYO Omelette: Add-On Spinach																			
CYO Omelette: Add-On Mushrooms																			
CYO Omelette: Add-On Avocado																			
CYO Omelette: Add-on Swiss Cheese			•																
CYO Omelette: Add-On Green Pepper																			
CYO Omelette: Add-On Broccoli																			
CYO Omelette: Add-On Guacamole															•		•	•	
CYO Omelette: Add-On Turkey																			
CYO Omelette: Add-On Cheese: All Others			•							•									
CYO Omelette: Add-On American Cheese			•	soy lecithin															
CYO Omelette - Add-On Hollandaise Sauce	wheat	•	•	soybean oil, soy lecithin			coconut			•					•		•	•	•
CYO Omelette: Add-On Ham														•					
CYO Omelette: Add-On Sour Cream			•																
Breakfast Frittatas																			
California Frittata	X	X	•	soy lecithin, soybean oil	•		X	X		•	sunflower oil				•			•	•
Sausage Parmesan Frittata	X	X	•	soy lecithin, soybean oil	•		X	X		•	sunflower oil							•	
Breakfast Griddle Combo																			
Belgian Waffle with Bacon	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X		•				•				•	
French Toast with Sausage Links	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•					•			•	
Buttermilk Pancakes with Bacon	wheat	•	•	soy lecithin	•		X	X		•				•				•	
Cinnamon Roll French Toast with Sausage Links	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X		•					•			•	
Belgian Waffle with Sausage Links	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X		•								•	
Belgian Waffle with Sausage Patty	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X		•								•	
Buttermilk Pancakes with Sausage Patty	wheat	•	•	soy lecithin	•		X	X		•								•	
French Toast with Sausage Patty	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•					•			•	
Cinnamon Roll French Toast with Bacon	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X		•				•	•			•	

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Breakfast Griddle Combo continued																			
Cinnamon Roll French Toast with Sausage Patty	wheat, barley	•	•	soy lecithin, soybean oil	•		X	X		•					•		•		
Buttermilk Pancakes with Sausage Links	wheat	•	•	soy lecithin	•		X	X		•							•		
French Toast with Bacon	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•					•		•		
Breakfast Scramblers																			
Bakers Scrambler	X	X	•	soybean oil, soy lecithin	•		X	X	X	•	sunflower oil				•	•		•	•
Veggie Egg White Scrambler	X	X	•	soybean oil, soy lecithin	•		X	X	X	•	sunflower oil				•			•	•
Hickory Scrambler	X	X	•	soybean oil, soy lecithin	•		X	X	X	•	sunflower oil				•	•		•	•
Scrambler Supreme	X	X	•	soybean oil, soy lecithin	•		X	X	X	•	sunflower oil				•	•		•	•
Breakfast Bread Choice																			
Dinner Bread Choice: Texas Toast	wheat, barley	•	•	soybean oil, soy lecithin						•					•				
Dinner Bread Choice: Banana Nut Muffin	wheat	•	•	soybean oil	•		walnut												
Dinner Bread Choice - Corn Bread	wheat	•	•		•					•									
Dinner Bread Choice: Croissant	wheat, barley	•	•	soy protein	•					•					•				
Dinner Bread Choice: Whipped Margarine Blend			•	soy lecithin															
Dinner Bread Choice: Individual Margarine Spread			•	soybean oil, soy lecithin															
Dinner Bread Choice: Caramel Pecan Roll	wheat, barley	•	•	soybean oil	•		pecan			•					•		•		
Dinner Bread Choice: Raisin Bran Muffin	wheat	•	•	soybean oil	•													•	
Dinner Bread Choice: Cinnamon Roll	wheat, barley	•	•	soybean oil	•					•					•		•		
Toast, Oat Bran	oats, wheat, barley	•	•	soybean oil, soy lecithin						•					•		•		
Dinner Bread Choice: Biscuit	wheat	•	•	soybean oil, soy lecithin															
Dinner Bread Choice: Blueberry Muffin	wheat, barley	•	•	soybean oil	•					•									
Dinner Bread Choice: English Muffin	wheat, barley	•	•	soybean oil, soy lecithin						•					•				
Dinner Bread Choice: Jelly Choices										•									
Burgers																			
Burger Substitute: Grilled Chicken Breast	X	X	X	soy protein, soy lecithin	X		X	X		•								•	•
Burger Add-on: Cheddar Cheese			•																
Nacho Burger	wheat, barley	•	•	soy lecithin, soybean oil	X		X	X		•					•		•	•	•
Burger Add-on: Pepper Jack Cheese			•	soy lecithin															
Burger Add-on: Feta Cheese			•																
Burger Add-on: Red Chili	wheat	•	•	soy protein						•								•	•
Works Burger	wheat, barley	•	•	soy lecithin, soybean oil	•		X	anchovy		•	celery				•	•	•	•	•

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Burgers continued																			
Burger Substitute: Fried Chicken Breast	wheat, barley	•	X	soybean oil, soy protein	•			X	X	•									
Orange Chicken Sliders	wheat, barley	•	•	soybean oil, soy protein, soy lecithin	•			X	X	•	sesame seeds				•		•	•	•
Burger Substitute: Boca Burger	wheat	•	•	soy protein, soy lecithin	X		X	X		•	sesame oil				•		•	•	
Crush Burger Patty, Plain				soy lecithin															
Burger Add-on: BBQ Sauce											mustard							•	•
Burger Add-on: Guacamole															•			•	•
Burger Add-on: Grilled Onions	X	X	•	soy lecithin, soybean oil	X		X	X		•	celery							•	•
Burger Add-on: Mozzarella Cheese			•							•									
BBQ Bacon Cheese Crush	wheat, barley	•	•	soy lecithin, soybean oil	X		X	X		•	mustard				•	•		•	•
Burger Add-on: American Cheese			•	soy lecithin															
Burger Add-on: Swiss Cheese			•																
Burger Add-on: Garlic Grilled Mushrooms	X	X	•	soy lecithin, soybean oil	X		X	X		•	celery							•	•
Burger Add-on: Bacon	X	X	X	soy lecithin	X		X	X							•				
All-American Crush	wheat, barley	•	•	soy lecithin, soybean oil	X		X	X		•					•			•	•
Crush Patty Melt	rye, wheat, barley	•	•	soybean oil, soy lecithin	X		X	X		•	caraway				•		•	•	•
Burger Add-on: Avocado																			
Burger Add-on: Fried Egg	X	X	X	soy lecithin	•		X	X											
Burger Add-on: Bleu Cheese			•																
Asian BBQ Pork Sliders	wheat, barley	•	•	soybean oil, soy protein, soy lecithin	•			X	X	•	mustard, sesame seeds				•		•	•	•
Cereal																			
Corn Flakes	barley									•									
Special K Red Berries	wheat, barley	•																	
Heart to Heart Honey Toasted Oat	oats, rye, tritcale, wheat, barley	•								•									
Special K	wheat, barley	•	•							•									
Chocolate Milk			•							•									
Granola	oats, wheat, barley	•	•				almond			•									
Rice Krispies	barley									•									
Apple Jacks	oats, wheat	•								•								•	
Raisin Bran	wheat, barley	•								•									
Yogurt			•							•									

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Cereal continued																			
Yogurt with Fruit & Granola	oats, wheat, barley	•	•				almond			•									
Froot Loops	oats, wheat	•		soybean oil			coconut			•									•
Mini Wheats	wheat	•								•									
2% Milk			•																
Dessert																			
Kids Hot Fudge Sundae			•	soy lecithin	•		coconut			•									•
Chocolate Syrup										•									•
Vanilla Ice Cream			•		•														
Cheesecake	wheat, barley	•	•	soybean oil	•					•									
Carrot Cake	wheat, barley	•	•		•		almond, walnut			•									•
Whipped Cream			•							•									•
Harvest Berry Galette	wheat	•	•	soybean oil	•					•									
Chocolate Brownie Ice Cream	wheat	•	•	soybean oil, soy lecithin	•					•									
Kids Caramel Sundae			•	•	•					•									•
Chocolate Chips			•	soy lecithin															
Hot Fudge Topping			•	soy lecithin			coconut			•									
Apple Cranberry Galette	wheat	•	•	soybean oil	•					•									
Caramel Topping			•	•						•									•
Dinner																			
Baked Pot Roast Pot Pie	wheat, barley, rye, oats	•	•	soybean oil, soy protein, soy lecithin	•		X	anchovy		•			•		•		•	•	•
Honey Mustard Chicken Dinner	X	X	X	soy protein, soybean oil, soy lecithin	•		X	X		•	mustard					•	•	•	•
Asian Chicken Stir-Fry Dinner	wheat	•	•	soy protein, soy lecithin, soybean oil	X		X	X	X	•								•	•
Turkey Dinner	wheat	•	•	soy protein, soy lecithin, soybean oil						•		•	•		•			•	•
Fish & Chips Dinner	wheat	•	•	soybean oil	•			cod	X	•	sunflower oil				•			•	•
Chicken Pasta Primavera	wheat, barley	•	•	soy protein, soy lecithin, soybean oil	X		X	X		•	celery				•			•	•
Grilled Salmon With Pesto	X	X	•	soy lecithin	X		X	salmon							•			•	•
Ultimate Mac & Cheese	wheat, barley, rye, oats	•	•	soy lecithin, soybean oil	•		X	X		•	celery			•	•			•	•
Pork Chop Dinner	wheat, barley	•	•	soy lecithin, soybean oil, soy protein	•		X	X		•	celery				•			•	•
Chopped Steak & Mushrooms	wheat	•	X	soy lecithin, soy protein, soybean oil	•		X	anchovy		•					•			•	•
Pot Roast Dinner	wheat	•	•	soy protein, soy lecithin	X		X	X		•				•	•			•	•

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Dinner continued																				
Ultimate Mac & Cheese with Grilled Chicken	wheat, barley, rye, oats	•	•	soy protein, soy lecithin, soybean oil	•		X	X			celery				•	•		•	•	•
Ultimate Mac & Cheese with Fried Chicken	wheat, barley, rye, oats	•	•	soybean oil, soy lecithin	•		X	X	X		celery				•	•		•	•	•
Baked Turkey Pot Pie Dinner	wheat, barley, rye, oats	•	•	soybean oil	•			anchovy				•			•			•	•	•
Teriyaki Glazed Salmon	wheat	•	•	soy lecithin, soy protein, soybean oil	X		X	salmon	X									•	•	•
Chicken Tenders Dinner: BSQ	wheat, barley	•	•	soy lecithin, soybean oil	•			X	X		mustard				•	•		•	•	•
Baked Chicken Pot Pie Dinner	wheat, barley, rye, oats	•	•	soybean oil	•			anchovy				•			•			•	•	•
Dinner Bread Choices																				
Dinner Bread Choice: Texas Toast	wheat, barley	•	•	soybean oil, soy lecithin												•				
Dinner Bread Choice: Banana Nut Muffin	wheat	•	•	soybean oil	•		walnut													
Dinner Bread Choice: Focaccia	wheat, barley	•	•													•				
Dinner Bread Choice: Corn Bread	wheat	•	•		•															
Dinner Bread Choice: Croissant	wheat, barley	•	•	soy protein	•											•				
Dinner Bread Choice: Whipped Margarine Blend			•	soy lecithin																
Dinner Bread Choice: Dinner Roll	wheat, barley	•	•	soy lecithin, soybean oil	•											•		•		
Dinner Bread Choice: Individual Margarine Spread			•	soybean oil, soy lecithin																
Dinner Bread Choice: Caramel Pecan Roll	wheat, barley	•	•	soybean oil	•		pecan									•		•		
Dinner Bread Choice: Cinnamon Roll	wheat, barley	•	•	soybean oil	•											•		•		
Dinner Bread Choice: Biscuit	wheat	•	•	soybean oil, soy lecithin																
Dinner Bread Choice: Blueberry Muffin	wheat, barley	•	•	soybean oil	•															
Dinner Bread Choice: Crackers	wheat, barley	•		soybean oil							sesame					•		•		•
Dinner Bread Choice: English Muffin	wheat, barley	•	•	soybean oil, soy lecithin												•				
Dinner Bread Choice: Jelly Choices																				
Dinner Bread Choice: Raisin Bran Muffin	wheat	•		soybean oil	•															•
Kids Menu																				
Kids Chocolate Chip Pancakes	wheat	•	•	soy lecithin	•		X	X												•
Kids Hot Fudge Sundae			•	soy lecithin	•		coconut													•
Kids French Toast Sticks	wheat, barley	•	•	soybean oil	•			X	X							•				•
Kids Crushers	wheat, barley	•	•	soy lecithin, soybean oil	X		X	X	X		sunflower oil					•				•
Kids Cheesy Macaroni	wheat	•	•																	•

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Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean	Corn	Seeds	MSG	Sulfites	Nitrates	Yeast	Alcohol	Artificial Coloring	Onion	Garlic
Kids Menu continued																			
Kids Funny Face Breakfast with Sausage Patties	wheat	•	•	soy lecithin	•		X	X		•							•		
Kids Funny Face Breakfast with Bacon	wheat	•	•	soy lecithin	•		X	X		•					•		•		
Kids Turkey & Mashed Potatoes	wheat	•	•	soybean oil, soy lecithin, soy protein	X		coconut	X		•	sunflower oil, celery			•			•	•	•
Kids Caramel Sundae			•	•	•					•							•		
Kids Chicken Strips	wheat	•	•	soybean oil	•			X	X	•									
Kids Pasta	wheat, barley	•	•	soy lecithin, soybean oil	X		X	X		•	celery				•		•	•	•
Kids Corn Dog Nuggets	wheat	•	•	soybean oil	•			X	X	•					•				
Kids Grilled Cheese	oats, wheat, barley	•	•	soybean oil, soy lecithin	X		X	X		•					•		•		
Kids Funny Face Breakfast	wheat	•	•	soy lecithin	•		X	X		•							•		
Kids Funny Face Breakfast with Sausage Links	wheat	•	•	soy lecithin	•		X	X		•							•		
Muffins																			
Banana Nut Muffin	wheat	•	•	soybean oil	•		walnut												
Blueberry Muffin	wheat, barley	•	•	soybean oil	•					•									
Raisin Bran Muffin	wheat	•		soybean oil	•														•
Pies																			
Fruitabulous Boysenberry Pie, Baked	wheat	•	•	soybean oil	•					•									•
Pumpkin Pie, Baked	wheat	•	•	soybean oil	•					•									
Neapolitan Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•		coconut			•									•
Candy Cane Silk Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•					•									•
Coconut Cream Pie, Baked	wheat	•	•	soybean oil	•		coconut			•				•					•
Chocolate Cream Pie, No Sugar Added, Baked	wheat	•	•	soybean oil, soy lecithin	•	•	almond			•									
Fruitabulous Blueberry Pie, Baked	wheat	•	•	soybean oil	•					•									•
French Apple Cream Cheese Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•					•									
Lemon Meringue Pie, Baked	wheat	•	•	soybean oil	•					•									
Triple Chocolate Treat Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•	•				•									
Fresh Raspberry Pie, Baked	wheat	•	•																•
Fruitabulous Tripleberry Pie, Baked	wheat	•	•	soybean oil	•					•									•
Key Lime Pie, Baked	wheat	•	•	soybean oil						•									•
Banana Cream Pie, Baked	wheat, barley	•	•	soybean oil	•		almond			•									•
Raisin Cream Pie, Baked	wheat	•	•	soybean oil			pecan			•									•
Banana Cream, No Sugar Added, Pie, Baked	wheat	•	•	soybean oil	•		almond			•									•
Fresh Strawberry Pie, Baked	wheat	•	•	soybean oil						•									•
Pecan Pie, Baked	wheat	•	•	soybean oil	•		pecan			•									
Pumpkin Cream Pie, Baked	wheat	•	•	soybean oil	•					•									•
Caramel Pecan Silk Supreme Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•	•	pecan, coconut			•									•



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Pies continued																			
White Chocolate Cherry Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•					•							•		
Goey Brownie Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•		walnut												
Chocolate Cream Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•												•		
European Truffle Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•					•									
Chocolate Peanut Butter Cup Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•	•	coconut			•							•		
Caramel Apple a la Mode Pie	wheat	•	•	soybean oil, soy lecithin	•		pecan			•									
Hawaiian Strawberry Pie, Baked	wheat	•	•	soybean oil			coconut, pecan			•			•				•		
Fruitabulous Country Apple Pie, Baked	wheat	•	•	soybean oil	•					•									
Fruitabulous Raspberry, Baked	wheat	•	•	soybean oil	•					•							•		
Orange Cream Float Pie, Baked	wheat	•	•	soybean oil															
French Apple Pie, Baked	wheat	•	•	soy lecithin, soybean oil															
Fruitabulous Peach, Baked	wheat	•	•	soybean oil	•					•									
French Silk Pie, Baked	wheat	•	•	soy lecithin, soybean oil	•					•							•		
Fresh Strawberry Cream Cheese Pie, Baked	wheat	•	•	soybean oil	•					•							•		
Oreos N Cream Pie, Baked	wheat	•	•	soybean oil, soy lecithin	•					•			•				•		
Celebration Pie, Baked	wheat	•	•	soy protein, soy lecithin, soybean oil	•	•	coconut oil			•			•				•		
Pie Add On: Vanilla Ice Cream			•		•														
Fruitabulous Strawberry Rhubarb, Baked	wheat	•	•	soybean oil	•					•							•		
Fruitabulous Cherry, Baked	wheat	•	•	soybean oil	•					•							•		
Lemon Supreme Pie, Baked	wheat	•	•	soybean oil	•					•							•		
Custard Pie, Baked	wheat	•	•	soybean oil	•														
Banana Foster Pie, Baked	wheat	•	•	soybean oil, soy protein			coconut, walnut			•			•				•		
Pitas																			
Hummus & Veggie Pita	wheat, barley	•	•	soybean oil, soy lecithin	X		X	X		•	sesame, celery				•		•	•	•
BBQ Pork Pita	wheat, barley	•	•	soybean oil	•		X	X			mustard		•		•		•	•	•
Fajita Pita	wheat, barley	•	•	soybean oil, soy protein, soy lecithin	X		X	X		•					•		•	•	•
Veggie Stir-Fry Pita	wheat, barley	•	•	soybean oil, soy lecithin, soy protein	X		X	X		•					•		•	•	•
Chicken Caesar Pita	wheat, barley	•	•	soybean oil, soy lecithin	•		X	anchovy	X	•					•		•	•	•
Honey Mustard Club Pita	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X			mustard		•		•	•	•		•
Stir-Fry Pita with Chicken	wheat, barley	•	•	soybean oil, soy protein, soy lecithin	X		X	X		•					•		•	•	•



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	Prep Recipes																		
Brown Gravy	wheat	•		soybean oil, soy protein	•					•					•		•	•	•
Sesame Orange Glaze	wheat	•		•						•	sesame seeds						•		•
Asian BBQ Sauce	wheat	•		soy protein						•	mustard							•	•
Hollandaise Sauce	wheat	•	•	soybean oil, soy lecithin			coconut			•					•		•	•	•
Country Sausage Gravy	wheat, barley	•	•	soy lecithin, soy protein			coconut			•		•		•			•		
Ranch Dressing: BSQ			•	soybean oil	•					•					•			•	•
Quiche Lorraine Prep	wheat	•	•	soybean oil	•									•				•	
Eggs, Hard Boiled: BSQ					•														
Caramel Pecan Sauce			•	soy lecithin			pecan												
Apple Walnut Chicken Salad Prep				soy protein, soybean oil, soy lecithin	•		walnut			•					•		•	•	•
Pot Roast Gravy	wheat	•		soy protein, soy lecithin						•				•	•		•	•	•
Cole Slaw Mix																			
Stuffing	wheat	•	•	soy lecithin, soybean oil, soy protein						•		•	•		•			•	
Pepper Jack Queso Sauce	wheat	•	•	soy lecithin, soybean oil						•								•	
Asian Slaw	wheat	•		soybean oil	•					•	sesame seeds							•	•
Batter, Multigrain Pancake	wheat	•	•	soybean oil, soy protein	•					•								•	
Focaccia Bread	wheat, barley	•	•												•				
Fried Tri-Color Tortilla Strips				soybean oil						•					•		•	•	•
Refried Black Beans Prep																			
Salsa (Pace Blend)																			•
Croutons: BSQ	wheat, barley, rye, oats	•	•	soybean oil	•					•					•		•	•	•
Tomato Basil Hollandaise	wheat	•	•	soybean oil, soy protein, soy lecithin			coconut			•					•		•	•	•
Pesto Drizzle			•																•
Asian Salad Mix																			
Oatmeal	oats																		
Buffalo Sauce Prep: BSQ			•	soy lecithin															
Orange Teriyaki Sauce	wheat	•		soy protein						•								•	•
Cinnamon Sugar																			
Parmesan Parsley Mix			•																
Turkey Pot Pie Prep	wheat	•	•	soybean oil						•		•						•	
Roasted Pecans			•	soy lecithin			pecan												
Batter, Waffle	wheat, barley	•	•	soy lecithin	•					•									
Crostini	rye, wheat, barley	•	•	soy lecithin, soybean oil	•										•				



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Prep Recipes continued																						
Tuna Salad				soybean oil	•			tuna		•									•			
Rice Pilaf Prep	wheat	•	•	soy lecithin, soybean oil						•									•	•		
Batter, Pumpkin Pancake	wheat	•	•		•					•												
Crush Burger Patties Prep																						
Batter, Potato Pancake			•	soybean oil, soy lecithin	•		coconut			•	sunflower oil		•		•		•	•	•	•		
Pasta, Cooked: BSQ	wheat	•																				
Green Chili Hollandaise	wheat	•	•	soybean oil, soy lecithin, soy protein			coconut			•					•		•	•	•	•		
Seasoned Country Brown Potatoes	X	X	X	soybean oil	X			X	X	•	sunflower oil				•			•	•	•		
Guacamole: BSQ															•				•	•		
Chopped Steak Prep				soy lecithin, soy protein				anchovy		•					•				•	•	•	
Au Jus	wheat	•	•	soy protein						•					•				•	•	•	
Cranberry Vinaigrette Dressing				soybean oil						•										•	•	
Parmesan Bread Crumbs	wheat, barley, rye, oats	•	•	soybean oil, soy lecithin	•					•	celery				•				•	•	•	
Pork Green Chili			•	soy protein						•									•	•	•	
Alfredo Sauce	wheat	•	•	soy lecithin, soybean oil						•										•		
Batter, French Toast			•		•															•		
Spring Mix: BSQ																						
Turkey Gravy: BSQ	wheat	•	•	soy protein											•				•	•	•	
Breakfast Vegetable Mix																					•	
Burger Set-up: BSQ																					•	
Stir-Fry Vegetable Mix Prep																					•	
Tortilla Chips: Prep				soybean oil						•					•					•	•	
Pot Roast Pot Pie Prep	wheat	•	•	soy protein, soy lecithin, soybean oil	•		X	X		•			•		•				•	•	•	
Wonton Crisps	wheat	•	X	soybean oil	X			X	X	•										•		
Batter, Crepe	wheat	•	•	soy lecithin	•					•												
Crouton Seasoning															•					•	•	
Chicken Pot Pie Prep	wheat	•	•	soybean oil	•					•			•							•		
Sweet Supreme Filling			•							•										•		
Batter, Buttermilk Pancake	wheat	•	•		•					•												
Chipotle Mayonnaise	wheat	•	•	soybean oil	•					•					•					•	•	
Salad Dressings																						
Salad Dressings: Oil																						
Salad Dressings: Sesame Oriental	wheat	•		•						•	sesame seeds								•		•	
Salad Dressings: Ranch			•	soybean oil	•					•					•					•	•	
Salad Dressings: Parmesan			•	soybean oil	•			anchovy													•	•
Salad Dressings: Poppyseed				soybean oil	•					•	poppy seed										•	•
Salad Dressings: Honey French				soybean oil						•											•	•
Salad Dressings: Thousand Island				soybean oil	•					•											•	



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Salad Dressings continued																			
Salad Dressings: Red Wine Vinegar																			
Salad Dressings: Honey Mustard				soybean oil	•						mustard								
Salad Dressings: Lite Olive Oil Vinaigrette				soybean oil															
Salad Dressings: Blue Cheese			•	soybean oil, soy protein	•														
Salad Dressings: Caesar			•	soybean oil	•			anchovy		•									
Salads																			
Asian Stir-Fry Chicken Salad	wheat	•	•	soybean oil, soy lecithin, soy protein	•		X	X	X	•	sesame seeds							•	•
Portofino Chicken Square Salad	wheat, barley	•	•	soybean oil, soy protein, soy lecithin	X		X	X		•					•			•	•
Portofino Chicken Salad	X	X	•	soy protein, soybean oil, soy lecithin	X		X	X		•								•	•
Asian Chicken Salad	wheat	•	X	soy protein, soy lecithin, soybean oil	X		X	X	X	•	sesame seeds							•	•
Turkey Caesar Salad: BSQ	wheat, barley, rye, oats	•	•	soybean oil	•			anchovy		•					•			•	•
Caesar Salad: BSQ	wheat, barley, rye, oats	•	•	soybean oil	•			anchovy		•					•			•	•
Chicken Caesar Square Salad: BSQ	wheat, barley, rye, oats	•	•	soybean oil, soy protein, soy lecithin	•		X	anchovy		•					•			•	•
Honey Mustard Chicken Salad	wheat	•	•	soybean oil, soy lecithin	•		pecan	X	X	•	mustard				•	•	•	•	•
Asian Artisan Salad	wheat	•	X	soybean oil	X			X	X	•	sesame seeds							•	•
Cobb Salad: BSQ	X	X	•	soy protein, soy lecithin	•		X	X		•					•			•	•
Apple Walnut Chicken Salad			•	soybean oil, soy protein, soy lecithin	•		walnut			•	sunflower oil				•			•	•
Chicken Caesar Salad: BSQ	wheat, barley, rye, oats	•	•	soy protein, soy lecithin, soybean oil	•		X	anchovy		•					•			•	•
Caesar Square Salad	wheat, barley, rye, oats	•	•	soybean oil, soy lecithin	•		X	anchovy		•					•			•	•
Mediterranean Artisan Salad			•	soybean oil															•
Turkey Caesar Square Salad	wheat, barley, rye, oats	•	•	soybean oil, soy lecithin	•		X	anchovy		•					•			•	•
Garden Salad: BSQ	wheat, barley, rye, oats	•	•	soybean oil	•					•					•			•	•
Turkey Cranberry Salad			•	soybean oil			walnut			•	sunflower oil								•
Sandwich Bread Choices																			
Sandwich Bread Choice: Egg Bun	wheat, barley	•		soybean oil						•									•
Sandwich Bread Choice: Pita	wheat, barley	•	•	soybean oil											•				



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Sandwich Bread Choices continued																			
Sandwich Bread Choice: Baguette	rye, wheat, barley	•	•	soybean oil	•										•				
Sandwich Bread Choice: Ciabatta Roll	rye, wheat, barley	•		soybean oil											•				
Sandwich Bread Choice: Wheat	wheat, barley	•		soybean oil						•					•		•		
Sandwich Bread Choice: Flatbread	wheat, barley	•	•	soybean oil											•				
Sandwich Bread Choice: Marble Rye	rye, wheat, barley	•		soybean oil						•	caraway				•		•		
Sandwich Bread Choice: Sourdough	wheat, barley	•		soybean oil						•					•				
Sandwich Bread Choice: French	wheat, barley	•		soybean oil						•					•				
Sandwich Bread Choice: Oat Bran	oats, wheat, barley	•		soybean oil						•					•		•		
Sandwich Bread Choice: English Muffin	wheat, barley	•		soybean oil						•					•				
Sandwich Bread Choice: Texas Toast	wheat, barley	•		soybean oil						•					•				
Sandwich Bread Choice: Focaccia	wheat, barley	•	•												•				
Sandwiches																			
Honey Dijon Chicken Focaccia	wheat, barley	•	•	soy protein, soybean oil, soy lecithin	•		X	X		•	mustard, celery				•	•	•	•	•
Honey Mustard Turkey Melt	oats, wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•	mustard				•	•	•	•	•
Roast Beef & Cheddar	wheat, barley	•	•	soybean oil	•					•					•		•	•	•
Turkey Jack Grilled Flatbread Sandwich	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•					•	•		•	•
French Dip Sandwich	rye, wheat, barley	•	•	soy lecithin, soybean oil, soy protein	X		X	X		•					•		•	•	•
Classic Reuben	rye, wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•	caraway		•	•	•		•	•	•
Chicken Cheddar Bacon Melt with Grilled Chicken	oats, wheat, barley	•	•	soybean oil, soy protein, soy lecithin	X		X	X	X	•					•	•		•	•
Chicken Cheddar Bacon Melt with Crispy Chicken	oats, wheat, barley	•	•	soybean oil, soy protein	•			X	X	•					•	•		•	•
Tuna Sandwich	wheat, barley	•		soybean oil	•			tuna		•					•		•	•	
Albacore Tuna Melt	oats, wheat, barley	•	•	soybean oil, soy lecithin	•		X	tuna		•					•		•	•	

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Sandwiches continued																			
Chicken Avocado Melt	oats, wheat, barley	•	•	soybean oil, soy protein, soy lecithin	X		X	X		•					•		•	•	•
Cuban Flatbread	wheat, barley	•	•	soybean oil, soy lecithin	•		X	X			mustard				•	•	•	•	•
Apple Walnut Chicken Salad Croissant	wheat, barley	•	•	soy protein, soybean oil, soy lecithin	•		walnut	X		•					•		•	•	•
Turkey Sandwich	wheat, barley	•		soybean oil	•					•					•		•		
Bacon Lovers BLT	wheat, barley	•	X	soybean oil, soy lecithin	•		X	X		•					•				
Bakers Club	oats, wheat, barley	•	•	soybean oil, soy lecithin	•		X	X		•					•	•	•		
Ham & Swiss	wheat, barley	•	•	soybean oil	•					•					•	•	•		
Tomato Basil Flatbread	wheat, barley	•	•	soybean oil, soy lecithin	X		X	X		•					•				•
Grown-Up Grilled Cheese	oats, wheat, barley	•	•	soybean oil, soy lecithin	X		X	X		•	celery				•	•	•	•	•
Sides																			
Seasonal Vegetables: BSQ	X	X	•	soybean oil, soy lecithin	X		X	X		•	celery				•		•	•	•
Fire Roasted Potato Medley	X	X	•	soybean oil	X			X	X										•
Potato Pancakes	X	X	•	soy lecithin, soybean oil	•		coconut	X		•	sunflower oil		•		•		•	•	•
Rice Pilaf Prep	wheat	•	•	soy lecithin, soybean oil						•									•
French Fries: BSQ	X	X	X	soybean oil	X			X	X	•	sunflower oil				•				•
Dinner Bread Choice: Corn Bread	wheat	•	•		•					•									
Fruit Cup/Bowl																			
Coleslaw: BSQ				soybean oil	•					•									•
Mashed Potatoes			•	soybean oil, soy lecithin			coconut			•	sunflower oil		•				•		
Carrot Potato Medley			•																•
Honey Glazed Carrots			•	soy lecithin															
Cinnamon Apples			•							•									
Applesauce										•									
Cottage Cheese			•																
Green Beans				soy lecithin											•				•
Soups																			
Potato with Bacon Soup	wheat	•	•	soybean oil, soy lecithin						•					•	•			•
French Onion Soup	wheat, rye, barley	•	•	soy protein, soy lecithin, soybean oil	•					•					•	•	•	•	•
Chicken Noodle Supreme	wheat, barley	•	•	soy protein	•					•					•				•
Butternut Squash Bisque			•	soybean oil, soy protein			walnut			•					•	•			•



ALLERGEN INFORMATION

• Contains allergen
 X Cross contact of the eight major allergens and/or
 gluten occurs in restaurant
 Report Generated: Monday, January 7, 2013

Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean	Corn	Seeds	MSG	Sulfites	Nitrates	Yeast	Alcohol	Artificial Coloring	Onion	Garlic
Soups continued																			
Red Chili	wheat	•	•	soy protein						•							•	•	•
Cream of Broccoli Soup	wheat	•	•	soybean oil, soy lecithin						•		•						•	•
Tomato Basil Soup			•	soybean oil, soy protein						•					•				
Cape Cod Clam Chowder	wheat	•	•	soybean oil						•				•				•	
Cream of Chicken with Rice Soup			•	soybean oil			almond			•			•					•	•
Cheese & Bacon Soup	barley, wheat	•	•	soy lecithin, soybean oil						•		•		•				•	•
Golden Lentil Soup	barley, wheat	•	•	soybean oil						•					•			•	•
Chicago Minestrone	wheat	•	•	soybean oil, soy protein						•		•						•	•
Vegetable Beef Soup	wheat, barley	•	•	soybean oil, soy protein						•			•					•	•
Chicken Tortilla Soup	wheat	•		•						•					•			•	•